

# June 2026 Schedule

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<b>1</b> 9 am <b>HIIT</b> with Erica 5:30 pm <b>SWC</b> with Nat	<b>2</b> 6 am <b>E TOTAL BODY</b> with Erica 5:30 pm <b>Cardio Walk &amp; Sculpt</b> with Nat	<b>3</b> 9 am <b>Supersculpt</b> with Nat 6:30 pm <b>Box Body</b> with Carly	<b>4</b> 6 am <b>SWC</b> with Erica 5:30 pm <b>Supersculpt</b> with Nat	<b>5</b> 9 am <b>Power Pilates</b> with Nat	<b>6</b> 8 am <b>BOX BOOT CIRCUIT</b> with Carly 9:30 am <b>Supersculpt</b> with Nat	
<b>7</b> No Classes	<b>8</b> 9 am <b>HIIT</b> with Erica 5:30 pm <b>SWC</b> with Nat	<b>9</b> 6 am <b>E TOTAL BODY</b> with Erica 5:30 pm <b>Cardio Walk &amp; Sculpt</b> with Nat	<b>10</b> 9 am <b>Supersculpt</b> with Nat 6:30 pm <b>Box Body</b> with Carly	<b>11</b> 6 am <b>SWC</b> with Erica 5:30 pm <b>Supersculpt</b> with Nat	<b>12</b> 9 am <b>Power Pilates</b> with Ashley	<b>13</b> 8 am <b>BOX BOOT CIRCUIT</b> with Carly 9:30 am <b>Supersculpt</b> with Nat	
<b>14</b> No Classes	<b>15</b> 9 am <b>HIIT</b> with Erica 5:30 pm <b>SWC</b> with Nat	<b>16</b> 6 am <b>E TOTAL BODY w/ Erica</b> 5:30 pm <b>Cardio Walk &amp; Sculpt</b> with Nat 6:30 <b>Sunset Stretch</b> with Nat	<b>17</b> 9 am <b>Supersculpt</b> with Nat 6:30 pm <b>Box Body</b> with Carly	<b>18</b> 6 am <b>SWC</b> with Erica 5:30 pm <b>TGIS BOXING</b> with Britney	<b>19</b> 9 am <b>Power Pilates</b> with Ashley	<b>20</b> 8 am <b>BOX BOOT CIRCUIT</b> with Carly 9:30 am <b>Supersculpt</b> with Nat	
<b>21</b> No Classes	<b>22</b> 9 am <b>HIIT</b> with Erica 5:30 pm <b>SWC</b> with Nat	<b>23</b> 6 am <b>E TOTAL BODY</b> with Erica 5:30 pm <b>Cardio Walk &amp; Sculpt</b> with Nat	<b>24</b> 9 am <b>Supersculpt</b> with Nat 6:30 pm <b>Box Body</b> with Carly	<b>25</b> 6 am <b>SWC</b> with Erica 5:30 pm <b>Supersculpt</b> with Nat	<b>26</b> 9 am <b>Power Pilates</b> with Ashley	<b>27</b> 8 am <b>BOX BOOT CIRCUIT</b> with Carly 9:30 am <b>Supersculpt</b> with Nat	
<b>28</b> No Classes	<b>29</b> 9 am <b>HIIT</b> with Erica 5:30 pm <b>SWC</b> with Nat	<b>30</b> 6 am <b>E TOTAL BODY</b> with Erica 5:30 pm <b>Cardio Walk &amp; Sculpt</b> with Nat					Find us on the <b>UnionFit</b> app to sign up for classes!



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